

POOL ETIQUETTE at Montecito Heights Health Club

Lane Designations:

Outside lanes are for slower swimmers and pool walkers or runners.

Inside lanes are designated:

Fastest: Second lane from parking lot

Faster: Third lane from Parking lot

Fast: Fourth lane from Parking lot

Choose a lane compatible with your speed.

Swimming Pattern:

See diagram at pool

If two swimmers in a lane you can choose to “split” the lane.

If more than two swimmers swim in a lane, you must swim in circle in counterclockwise direction.

Speed:

Slower swimmers must yield to faster swimmers.

Passing:

If you would like to pass a swimmer: Tap the foot of the person in front of you before passing. Pass on the left side. If you are being overtaken and come to the end of the pool, stop and wait to be passed. Wait until faster swimmer has pushed off and then begin swimming behind them.

Entering Pool:

When you enter the water, never dive, jump or push off in front of on-coming swimmers. Enter after swimmers have pushed off and are a safe distance from the wall.

Common Courtesy:

If lanes are full and you would rather not share, it is your choice to wait for an open lane. Do so by staying on the pool deck and stretch/warm-up away from any particular lane. It is your choice to wait, so please give the swimmers their space and no, you should not claim a lane by placing your stuff at the end of your chosen lane and hover.

When you are swimming be aware of others wanting to enter your lane. Stop a moment and allow them to enter the lane and discuss with them the plan for sharing the lane.

This pool is designed to be used by many swimmers at one time and with some awareness and common courtesy this can be achieved.

Organized Swim Classes (see [pool schedule](#)) will utilize as many lanes as needed based on number of participants, making every attempt to leave a lane for those not participating in class, however, non-participants must yield to scheduled classes.

Occasionally there will be clinics or one-time classes that will not be included in the permanent schedules. Please refer to adjacent aquatic board for these postings.

Enjoy the water!

